

# My E-lesson

Name : \_\_\_\_\_

## Module 11: My Shining Moment

Class : \_\_\_\_\_

### My Life Planning Footprints⑪ “My Life Resource Library”

➤ Find out your protective factors below and think about how these resources would be helpful in your life development .

<p>(I am) My strength/ability, personality traits and values</p>	<p>(I can) My interpersonal and social skills</p>	<p>(I have) My external support and resources</p>

How would these resources help with your life planning?